



MONTESSORI 
thrive

Montessori Parent Education Series

Join us this October for our virtual Montessori parent education series, featuring guest speakers who are experts in applying Montessori principles to parenting. Join us to ask questions, learn, and gain support for your journey as a Montessori parent. All Montessori parents or expecting parents are welcome to join us!

**Every Wednesday Evening on Zoom from October
4th to October 25th 8:00-9:00 PM EST**
(2:00-3:00 PM Hawaii Standard Time)

**COME AND LEARN ABOUT
MONTESSORI PARENTING**

zoom

Montessori Thrive Parenting October Sessions



October 4th: From Yelling To Calm: Becoming an Emotionally Intelligent Family with Lorena Seidel

[Click Here To Register!](#)



October 11th: Montessori In Real Life with Kristen Ancker

[Click Here To Register](#)



October 18th: The Prepared Adult: They Key to Becoming a Montessori Parent or Educator with Heather Pratt-White

[Click Here To Register](#)



October 25th: Engaging with Your Child: What & How You Can Do It with Rupali Sharma

[Click Here To Register](#)

About the Speakers and What You'll be Learning!



From Yelling to Calm with Lorena Seidel

Are you tired of yelling and having constant power struggles with your children? In this session, parents will learn the art of joyful communication! Positive discipline strategies offer parents effective tools for nurturing their children's growth and development in a supportive and respectful manner. By emphasizing cooperation over control, positive discipline builds stronger parent-child relationships, encourages emotional intelligence, and equips children with the essential skills to navigate challenges and conflicts constructively throughout their lives.

Lorena Seidel M.Ed. is a Social Emotional Learning {SEL} Consultant, a certified Montessori teacher, a trained Positive Discipline Educator, a Mindfulness-Based Stress Reduction {MBSR} teacher, and a mother of three. She helps adults create a more positive relationship with young children and a more peaceful home and classroom environments. [Learn more about Lorena & her services here!](#)



Montessori In Real Life with Kristen Ancker

We all know how amazing our Montessori Schools are and the magic the teachers do in the Montessori classrooms. How do they get the kids to do what they do? How can we support Montessori parents at home....in the real world?

In this presentation, we will learn some simple strategies to support the Montessori tenets at home, growth mindset strategies to thrive, and communication strategies to gain connection and cooperation with our children. When we can set up our home environments to support our child's independence and autonomy, we are building their confidence and self-esteem for life. Montessori is not just an educational pedagogy, it's a way of life.

Kristen Ancker is a Parent and Teacher Empowerment Coach and Montessori School Consultant. She helps overwhelmed and exhausted parents build a deep connection with themselves, their parenting partner, and their children for peaceful and happy homes in her 1:1 and group coaching program: The Parent Empowerment Program. Kristen has been working with schools and families for over 2 decades!



The Prepared Adult with Heather Pratt-White

The key to introducing the principles of the Montessori Method as a parent or caregiver is to first prepare oneself. This not only includes learning about the approach and the methodology, but also undergoing what Dr. Montessori referred to as a spiritual transformation. Learn how to develop an inner awareness that facilitates the deep understanding of the child and the environment, empowering you to become the best Montessori parent or caregiver you can be!

Heather White, Ed.S., M.Ed., NCSP, is a Montessori educational consultant and content creator. She guides classroom educators, administrators, parents, and caregivers to better understand the Montessori Method in an effort to continue utilizing its wonder in their work with children. Heather is a Content Creator for many Montessori organizations including the American Montessori Society (AMS), Guide & Grow, and Mirus Toys, and a Montessori educator for adult learners through the Center for Guided Montessori Studies (CGMS). She volunteers as an administrator and is a Facebook Manager for the Montessori at Home (0 to 3 Years) Facebook group. Formerly, she was a Montessori guide (Early Childhood 3-6 and Elementary I 6-9) and assistant (Elementary II 9-12), Lower Elementary Coordinator, and Associate Head of School for Lake Mary Montessori Academy for more than 12 years.



Engaging with Your Child: What & How You Can Do It with Rupali Sharma

In a time where parents are seeking effective ways to engage with their children amidst busy schedules, this parenting session will offer invaluable insights and actionable strategies. Attendees will leave this meeting inspired, equipped, and empowered to implement Montessori principles into their parenting journey, fostering enriched relationships and holistic development in their children.

From observation and active listening, to hands-on activities, Rupali will share her experiences as a Montessori educator and parent. With the right engagement and activities, all children can be confident and independent.

Rupali Sharma, a Montessori student, mother and educator, is trained as an architect and now runs The T.E.C. Schools-Think. Explore. Create in Worcester. She is passionate about education and started Imagination Unbound and The T.E.C. Schools, two educational organizations, that lay early foundations for creative thinking and problem solving through hands-on learning experiences. She is passionate about helping families bring Montessori into their lives and homes.